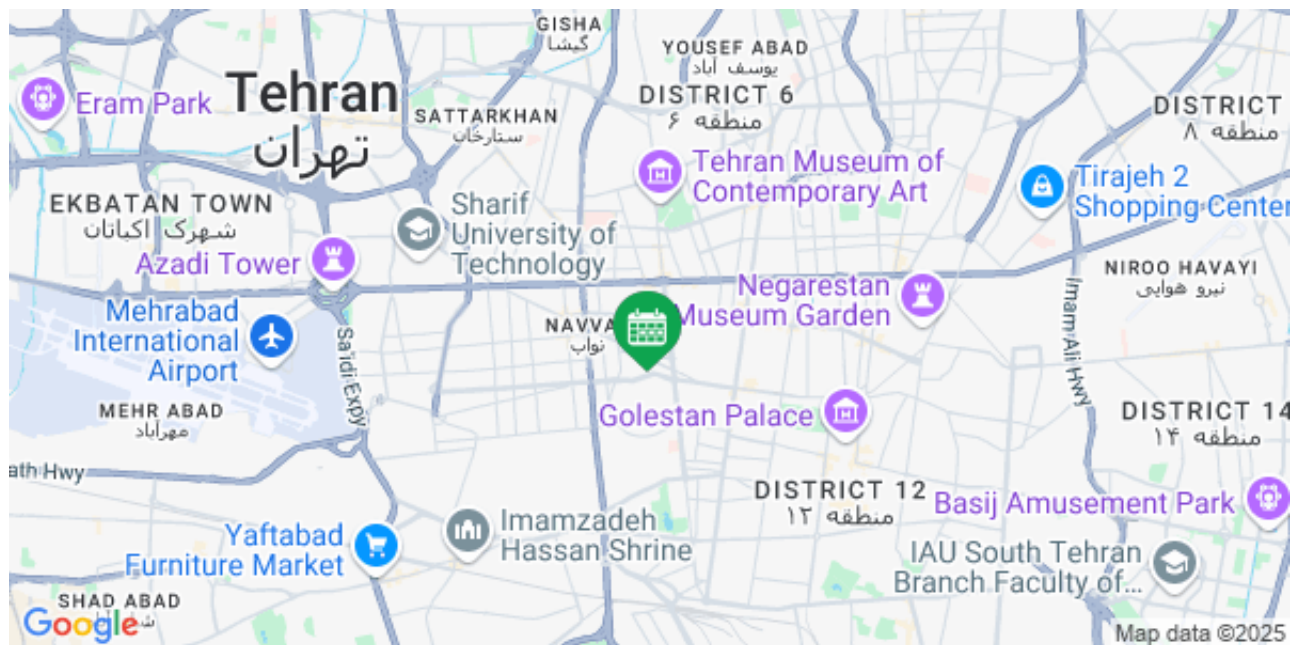


Holiday



22
JUL
6:24 UTC

Iran Tactical: Government announces public holiday in Tehran on July 23 due to heatwave; allot for disruptions

Current Situation:

- Iran's government spokeswoman, Fatemeh Mohajerani, announced that July 23 will be a public holiday in Tehran due to an ongoing heatwave with temperatures expected to exceed 45 degrees Celsius in some parts of Tehran.
- The holiday has also been implemented as a measure to conserve water and electricity, amid reports of a worsening water crisis in the country.
- Iran's state media stated that all registered exams will be conducted per usual despite the public holiday.
- Meanwhile, Iran's state-affiliated news agency stated that the average air quality in Tehran is in the "unhealthy" category and has urged citizens to remain indoors during peak ultraviolet radiation hours.

Source: [Iranian Government Spokesperson](#)

Recommendations:

1. Those operating, traveling or residing in Tehran on July 23 are advised to remain cognizant of the

upcoming public holiday and allot for disruptions to businesses due to the closure of offices.

2. During extreme heat waves, stay indoors and limit direct sun exposure when possible. Drink sufficient fluids, such as water or sports beverages, but avoid alcoholic or sweetened beverages, and eat light meals. Dress in loose-fitting light-colored clothing that covers the skin. Avoid strenuous physical activity.
3. It is also advised to take necessary precautions to protect against the reported high levels of pollution, including limiting outside exposure and procuring filtered breathing masks, while remaining cognizant of local updates regarding the air quality levels.