

Weather



05

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7:15 UTC

MENA Tactical: Authorities in Egypt, Turkey forecast inclement weather between July 5-9; remain cognizant of authorities' update

Current Situation:

- In **Egypt**, the Egyptian Meteorological Authority (EMA) has forecast very hot and humid weather in Greater Cairo, Lower Egypt, South Sinai, and the Southern regions from July 5-8.
- In **Turkey**, the Istanbul Metropolitan Municipality Disaster Coordination Center (AKOM) has issued a heatwave warning for **Istanbul** from July 5-9. Authorities have advised the public not to venture under direct sunlight from 11:00-16:00 (local time) in Istanbul and to be cognizant of disruptions in sleep quality due to humidity. Particularly for vulnerable groups that include the elderly, children, pregnant women, and those with chronic illnesses.
- Additionally, the Governor's Office advised individuals in **Ankara** to exercise caution in open spaces between 11:00-16:00 from July 5-10 with temperatures anticipated to exceed seasonal norms and temperatures forecasted to rise above 36 Celsius.

Source: [Egypt](#), [Ankara](#)

Recommendations:

Those operating in Egypt and Turkey between July 5-9 are advised to remain cognizant of further updates by authorities regarding weather-related risks.

During extreme heat:

1. Ensure that offices or accommodations have functioning air cooling systems and insulation to keep cool air in. Ensure supply of sufficient first aid tools, including bottled water, first aid equipment, and supplies in event of heat stroke.
2. Remain abreast of weather developments to ensure prior notification of extreme heat conditions.
3. During extreme heat waves, stay indoors and limit direct sun exposure when possible. Drink sufficient fluids, such as water or sports beverages, but avoid alcoholic or sweetened beverages, and eat light meals. Dress in loose-fitting light-colored clothing that covers the skin. Avoid strenuous physical activity.