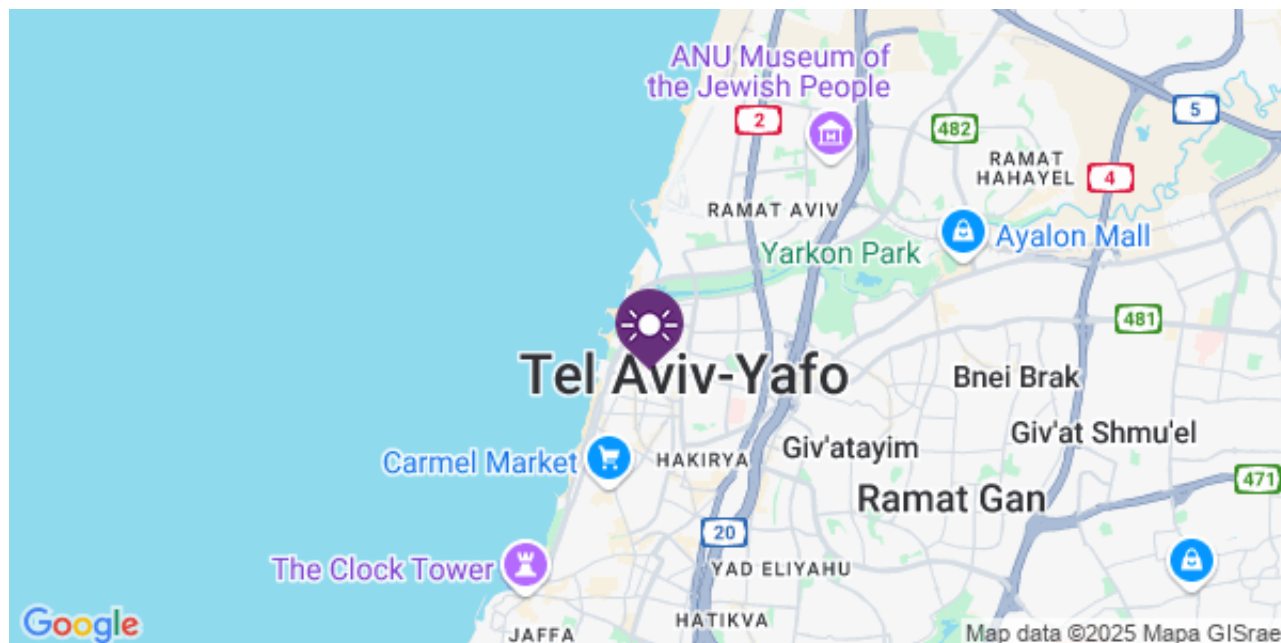


Developing

**30**MAR
7:43 UTC

Israel Alert: Color Red sirens sounded in central Israel, including Tel Aviv, during morning hours of March 30; continue adhering to warning sirens

Current Situation:

- Color Red sirens were sounded in several areas in central Israel, including Tel Aviv, during the morning hours (local time) on March 30.
- The Israel Defense Forces (IDF) stated that sirens were triggered after a launch from Yemen was detected.

Source: [Cumta](#)

Recommendations:

1. Adhere to all safety precautions regarding early warning sirens for incoming rockets. Rocket sirens may be heard throughout the country.
2. Ensure that working environments are within reach of bomb shelters/safe rooms.
3. When a Color Red siren is sounded: If a designated shelter exists, immediately go there. In "Mamads" (Residential Protected Rooms), make sure to lock the outer steel window of the room (and not only the glass window), as well as the steel door of the safe area, to ensure safety.
4. Approach the safe area calmly and remain cognizant of the fact that many injuries occur when

people run to the shelter panicked.

5. If such a designated Mamad does not exist, go to a room with as few external walls, windows, and openings as possible, sit on the floor below the window line, and near an internal wall.
6. In an open area, lay on the ground and cover your head with your hands.
7. When driving, safely pull over and follow the above instructions.